



Trina Hanson, Founder of Allona's Angels, will be our guest speaker at Founder's Day 2026. She will share more about their mission, how they bring holiday joy to seniors in the Treasure Valley, and how groups like Beta Sigma Phi can make a meaningful difference.

### **Delivering Love, Laughter, and Christmas Cheer to Our Treasure Valley Seniors**

Allona's Angels partners with local care communities to make the season magical for seniors—one thoughtful gift, one joyful moment, one unforgettable holiday at a time.

**At Allona's Angels, we believe every senior deserves to feel remembered, cherished, and celebrated—especially during the holidays.** Since 2016, our community has come together to deliver gifts, joy, and connection to seniors across the Treasure Valley.

Join the movement that's touching thousands of lives—one senior, one gift, one act of kindness at a time. Whether you adopt, volunteer, or spread the word, your heart makes the holidays unforgettable.

Here are some popular **stocking stuffer ideas for both men and women** that our seniors especially love. These small, thoughtful items are perfect for individuals or groups to donate toward our 2026 Christmas program:

- Lip balm or small hand lotion
- Cozy socks (especially with traction soles)
- Warm gloves, hats, or scarves
- Nail care kits or nail polish
- Small stuffed animals
- Mild-scented perfume or cologne (travel size is great)
- Small puzzle books, playing cards, or word search books
- Uplifting handwritten notes or cards

Let's all be an Angel and get involved. Any items your chapters would like to collect — every little bit helps spread Christmas cheer to seniors who might otherwise be overlooked.